DIAPER BAG CHECKLIST

Feeding		Burp cloth(s)
		Bib(s)
		Breastfeeding:
		Breast pads
		Nipple cream
		Bottle feeding:
		Sterilized bottles
		Formula powder (plus some extra)
		Sterilized water
		Warm water
		Extra sterilization tablets

Baby's Health		Immunization chart
		Other important medical information
		Colic drops
		Saline nose drops
		Rescue remedy
		Baby sunscreen
		Baby sunhat
		Insect repellent
		Teething gel (if necessary)
		Antiseptic ointment
		Infant paracetamol
		Rehydration sachet

Diapering		More than enough nappies
		Cloth diaper accessories (if applicable)
		Bum barrier cream
		Nappy rash cream
		Wet wipes
		Changing Mat/Linen Saver
		Nappy disposal bags
		Hand sanitizer/Disinfectant wipes

General		Extra blanket
		Extra change of clothes
		Something warm (if applicable)
		Extra dummy/pacifier (if applicable)
		Facial tissues
		Note pad and pen

Other		