## DIAPER BAG CHECKLIST

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| Feeding | | Burp cloth(s) |
| | | Bib(s) |
| | | ***Breastfeeding:*** |
| | | Breast pads |
| | | Nipple cream |
| | | ***Bottle feeding:*** |
| | | Sterilized bottles |
| | | Formula powder (plus some extra) |
| | | Sterilized water |
| | | Warm water |
| | | Extra sterilization tablets |

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| Baby's Health | | Immunization chart |
| | | Other important medical information |
| | | Colic drops |
| | | Saline nose drops |
| | | Rescue remedy |
| | | Baby sunscreen |
| | | Baby sunhat |
| | | Insect repellent |
| | | Teething gel (if necessary) |
| | | Antiseptic ointment |
| | | Infant paracetamol |
| | | Rehydration sachet |

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| Diapering | | More than enough nappies |
| | | Cloth diaper accessories (if applicable) |
| | | Bum barrier cream |
| | | Nappy rash cream |
| | | Wet wipes |
| | | Changing Mat/Linen Saver |
| | | Nappy disposal bags |
| | | Hand sanitizer/Disinfectant wipes |

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| General | | Extra blanket |
| | | Extra change of clothes |
| | | Something warm (if applicable) |
| | | Extra dummy/pacifier (if applicable) |
| | | Facial tissues |
| | | Note pad and pen |

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| Other | | |
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